

Lemon Garlic Herb

Ingredients: Liquid Soybean Oil, Water, Salt, Hydrogenated Soybean Oil and/or Cottonseed Oil, Vegetable Monoglycerides, Soy Leicithin, Potassium Sorbate and Citric Acid (Preservatives), Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Lemon Juice from Concentrate (Water, Concentrated Lemon Juice), Sodium Benzoate, Sodium Metabisulfite and Sodium Sulfite (Preservatives), Lemon Oil, Salt, Black Pepper, Citric Acid, Dehydrated Onion, Dehydrated Garlic, Maltodextrin, Sugar, Yellow #5 Lake, Natural Flavor, and Less than 2% Silicon Dioxide to prevent caking. ***GLUTEN FREE**

Alfredo Sauce

Ingredients: Whole Milk, Romano Cheese (Sheep's Milk, Cheese Culture, Salt, Rennet, Cellulose), Heavy Cream, Cream Cheese (Pasturized Cream, Skim Milk, Salt, Lactic Acid, Locust Carob Bean Gum, Guar Gum, Sodium Phosphate, Carrageenan, Natural Flavors and Potassium Sorbate), Butter-unsalted, Modified Food Starch, Salt, Nutmeg, Granulated Garlic and Black Pepper.

***CONTAINS MILK * GLUTEN FREE**

Island Teriyaki

Ingredients: Water, Soy Sauce, Fructose, Sugar, Corn Syrup, Sorghum Molasses, Brown Sugar, Corn Starch, Lemon Juice, Apple Cider Vinegar, Ginger, Granulated Garlic, Cayenne Pepper.

***CONTAINS SOY**

Nutrition Facts	
Serving Size ¼ cup	
Amount Per Serving	
Calories 90	Calories from Fat 70
% Daily Value	
Total Fat 7g	11%
Saturated Fat 5g	24%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 170mg	7%
Total Carbohydrates 3g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 3g	
Vitamin A 6%	Vitamin C 0%
Calcium 10%	Iron 0%

Sweet Chili

Ingredients: High Fructose Corn Syrup, Water, Soy Sauce (Water, Wheat, Soybeans, Salt, Sodium Benzoate; Less than 1/10 of 1% as a preservative), Orange Juice Concentrate, Ketchup (Tomato Concentrate, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring), White Wine Vinegar (Water, Vinegar, Potassium Metabisulfite), Modified Corn Starch, Garlic (Garlic, Water and Citric Acid), Ground Ginger (Fresh Ginger, Water, Phosphoric Acid and Xanthan Gum), Orange Zest, Chili Garlic Sauce (Salted Chili Peppers [Chili Peppers, Salt] Garlic, Sugar, Rice Vinegar, Water, Modified Corn Starch, Acetic Acid), Red Chili Peppers. ***CONTAINS SOY & WHEAT**

Lava

Ingredients: Water, Sugar, Chili Garlic Sauce (Salted Chili Pepper {Chili, Salt}, Garlic, Water, Sugar, Rice Vinegar, Modified Corn Starch, Acetic Acid), Salt, Vinegar, Crushed Red Chillies, Xanthan Gum, Dehydrated Onion, And Garlic Powder.

*** GLUTEN FREE**

Roasted Tomato

Ingredients: Tomato Puree, Diced Tomatoes, Corn Syrup, Extra Virgin Olive Oil, Soybean Oil, Natural Flavor, Salt, Dehydrated Onions, Garlic Puree, Spices, Xanthan Gum, Citric Acid.

***GLUTEN FREE**

Nutrition Facts	
Serving Size 1 oz	
Amount Per Serving	
Calories 100	Calories from Fat 0
% Daily Value	
Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 315 mg	18%
Total Carbohydrates 27g	12%
Dietary Fiber 0g	0%
Sugars 22g	
Protein 0g	
Vitamin A 15%	Vitamin C 30%
Calcium 0%	Iron 0%

Nutrition Facts	
Serving Size 100g	
Amount Per Serving	
Calories 140	Calories from Fat 0
% Daily Value	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1370mg	57%
Total Carbohydrates 36g	12%
Dietary Fiber 1g	5%
Sugars 34g	
Protein 0g	
Vitamin A 6%	Vitamin C 2%
Calcium 0%	Iron 2%

Nutrition Facts	
Serving Size ½ cup	
Amount Per Serving	
Calories 120	Calories from Fat 50
% Daily Value	
Total Fat 6g	9%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 570mg	24%
Total Carbohydrates 16g	5%
Dietary Fiber less than 1g	3%
Sugars 12g	
Protein 2g	
Vitamin A 20%	Vitamin C 40%
Calcium 10%	Iron 6%

Thai Peanut

Ingredients: Water, Soy Sauce, Fructose, Peanut Butter, Sugar, Vegetable Oil, Rice Vinegar, Sorghum Molasses, Apple Cider Vinegar, Corn Syrup, Red Curry Paste, Massaman Curry Paste, Apple Juice, Ginger, Sesame Oil, Sesame Seed, Onion Powder, Garlic.

***CONTAINS SOY & PEANUT BUTTER**

Sweet and Sour

Ingredients: Water, Sugar, Pineapple Juice Concentrate, Modified Food Starch, Vinegar, Salt, Dehydrated Red Bell Pepper, Citric Acid, Dehydrated Green Bell Pepper, Paprika.

***GLUTEN FREE**

Ginger Citrus

Ingredients: Water, Sugar, Soy Sauce (Water, Wheat, Soybeans, Salt, Lactic Acid), Rice Vinegar, Ginger, Modified Corn Starch, Canola Oil, Xanthan Gum, Sesame Seeds, Sesame Oil, Dried Onion and Garlic.

***CONTAINS SOY**

Nutrition Facts	
Serving Size 1 oz	
Amount Per Serving	
Calories 100	Calories from Fat 0
% Daily Value	
Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 315 mg	18%
Total Carbohydrates 27g	12%
Dietary Fiber 0g	0%
Sugars 22g	
Protein 0g	
Vitamin A 15%	Vitamin C 30%
Calcium 0%	Iron 0%

Nutrition Facts	
Serving Size 2Tbsp.	
Amount Per Serving	
Calories 35	Calories from Fat 0
% Daily Value	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	9%
Total Carbohydrates 8g	3%
Dietary Fiber 0g	0%
Sugars 7g	
Protein 0g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%

3G Sauce

Ingredients: Peach Puree, Water, Peach Preserves, Soy Sauce, Corn Syrup, Peach nectar, Apple Juice Concentrate, Fructose, Corn Starch, Cooking Wine, Lemon Juice, Pineapple Juice, Sesame Seeds, Garlic Powder, Sesame Oil, Crushed Red Pepper.

***CONTAINS SOY**

Asian BBQ

Ingredients: Ketchup (TOMATO CONCENTRATE MADE FROM VINE RIPENED TOMATOES, HIGH FRUCTOSE CORN SYRUP, SALT, LESS THAN 2% OF ONION POWDER, GARLIC POWDERS, NATURAL FLAVORS), Tomato Paste, Brown Sugar, Molasses, Honey, Mustard, Liquid Smoke (WATER, SMOKE FLAVOR, POLYSORBATE 80), Worcestershire Sauce (DISTILLED VINEGAR, CORN SYRUP, WATER, SALT, CARAMEL COLOR, SUGAR, SPICES, ANCHOVIE PUREE, NATURAL FLAVOR, CONTAINS SOY, TAMARIND), Paprika, Garlic, Pepper, Onion Powder, Apple Cider, Vinegar.

***CONTAINS SOY**

Honey Garlic Soy

Ingredients: Soy Sauce, Corn Syrup, Water, Sugar, Honey, Rice Vinegar, Corn Starch, Pineapple Juice, Cooking Wine, Sesame Oil.

***CONTAINS SOY**



The Blue Pacific Grill is a tropical themed restaurant that offers a unique dining experience where you create your own Asian stir fry that includes the finest choice of proteins, seasonings, veggies, and mixes.

You then choose one of our 12 signature sauces and hand your creation over to one of the trained grill masters as they magically cook your signature dish to your perfection on a flat top grill - ready to enjoy in just minutes!



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Some slight variations may occur in each product depending on the local supplier and the season of the year. Sodium and potassium values may vary due to local water supplies. We hope this nutritional information will help you satisfy your dietary needs at Blue Pacific Grill. The ingredient and nutrient information contained in this analysis is effective as of October 2010. Blue Pacific Grill will update and revise the information periodically to reflect changes in ingredients and the addition and removal of products from our menu. Products in test and limited time only items and are not included in this analysis.

NUTRITION FACTS



**BLUE PACIFIC GRILL
SAUCES CONTAIN
NO MSG**

Included is the latest Nutritional Information for our sauces here at Blue Pacific Grill. These numbers should be used as a guideline, as slight variations may occur.

